

GREENBANK DRIVE SURGERY

NEWSLETTER – January 2026

Doctor Availability

Doctor Topping (Partner): Monday, Wednesday, Friday

Doctor Beagrie (Partner): Tuesday, Wednesday, Thursday, Friday

Doctor McGee (Partner): Monday, Tuesday, Wednesday, Friday

Doctor Fisher (Salaried): Monday, Thursday, Friday

(F2) Doctors: Monday, Tuesday, Wednesday, Thursday,

Nurse & HCA Availability

Nurse Katherine: Monday, Wednesday, Thursday, Friday

HCA Mandy: Monday, Tuesday, Wednesday, Thursday

New F2 Doctors

Welcome to the practice to our new doctors who will be based with us over the next four months

Doctor Metcalfe

Doctor Mulata

Training Afternoons

We are closed from 13:00 on the upcoming dates for staff training:

Thursday 26th February 2026

Wednesday 11th March 2026

Thursday 30th April 2026

Wednesday 13th May 2026

Building Work

Thank you for your patience during the past few months whilst we carried out some building work in the surgery. While there is still work going ahead, we now have access to the front of the building and our new reception area, which we have made more accessible to all of our patients.

DNA Appointments

Don't need it? Cancel it! In the past three months we had a total of **341** missed doctor & nurse appointments:

October: **156** Missed Appointments

November: **104** Missed Appointments

December: **81** Missed Appointments

The sooner you quit smoking the sooner you'll notice changes to your body and your health.

Visit

<https://www.nhs.uk/better-health/quit-smoking/> for more information or <https://www.smokefree.liverpool.co.uk/> for FREE support options to help you quit smoking

Did you know?



After 20 minutes

Check your pulse rate, it will already be starting to return to normal.



After 8 hours

Your oxygen levels are recovering, and the harmful carbon monoxide level in your blood will have reduced by half.



After 48 hours

Your carbon monoxide levels have dropped to that of a non-smoker. Your lungs are clearing out mucus and your senses of taste and smell are improving.



After 72 hours

If you notice that breathing feels easier, it's because your bronchial tubes have started to relax. Also your energy will be increasing.



After 2 to 12 weeks

Blood will be pumping through to your heart and muscles much better because your circulation will have improved.



After 3 to 9 months

Any coughs, wheezing or breathing problems will be improving as your lung function increases by up to 10%.



After 1 year

Great news! Your risk of heart attack will have halved compared with a smoker's.



After 10 years

More great news! Your risk of death from lung cancer will have halved compared with a smoker's.

Booking Appointments

Routine Doctor appointments are booked on the day by calling the surgery on 0151 733 5703 from 08:00 AM or online via PATCHES which can be access from our website Monday- Friday from 08:00-18:30. Urgent appointments are subject to clinical triage.



Facebook: Greenbank Drive Surgery

Website: <https://www.greenbankdrivesurgery.nhs.uk/>

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Who's Who?

GP Partners: Are owners of the business that is contracted to provide General Medical Services under contract to the NHS. As well as seeing patients the Partners must make time to look after the management and administration of the practice.

Salaried GPs: GPs that are permanent members of the clinical team. They are fully qualified GP employed by the practice to provide care for our patients.

Resident Doctors: Fully qualified Doctors that work at the surgery and undergoing specialty training to become GPs. They were previously known as GP Trainees or GPSTs. GP training involves 3 years of training after foundation level. Drs spend 2 years of this in GP settings.

FY1/FY2 Doctors: All medical graduates must undertake and complete an integrated two year programme of general training, in order to practice as a doctor in the UK.

The foundation programme consists of foundation year one (FY1) and foundation year two (FY2). The programme acts as a bridge between undergraduate medical training and specialty and general practice training. It is designed to provide trainees with defined practical skills and competencies, and sound knowledge of how to manage acutely ill patients.

Medical Student: The first step for anyone wanting to pursue a career as a doctor is to study medicine at undergraduate level or via a graduate medical course. Normally this will take four to six years of study.

Are You Up To Date With Your National Screening?

Cervical Screening

Cervical screening is offered to women and people with a cervix aged 25 to 64 to check the health of cells in the cervix. It is offered every 3 years for those aged 25 to 49, and every 5 years from the ages of 50 to 64.

Breast Screening

Breast screening is offered to women aged 50 to 70 to detect early signs of breast cancer. Women over 70 can self refer.

Bowel Cancer Screening

Everyone aged 50 to 74 is offered a **bowel cancer screening** home test kit every 2 years.

If you're 75 or over, you can ask for a kit every 2 years by phoning the free bowel cancer screening helpline on 0800 707 6060.

Abdominal Aortic Aneurysm (AAA) Screening

AAA screening is offered to men when they turn 65 to detect abdominal aortic aneurysms (a dangerous swelling in the aorta). Men over 65 can self-refer.



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