

GREENBANK DRIVE SURGERY

NEWSLETTER – APRIL 2025

Doctor Availability

Doctor Topping (Partner): Monday, Wednesday

Doctor Beagrie (Partner): Tuesday, Wednesday, Thursday, Friday

Doctor McGee (Partner): Monday, Tuesday, Wednesday, Friday

Doctor Fisher (Salaried): Thursday, Friday

Doctor Doran (Registrar): Monday, Wednesday, Thursday, Friday

(F2) Doctors: Monday, Tuesday, Wednesday, Thursday, Friday

Nurse & HCA Availability

Nurse Katherine: Monday, Wednesday, Thursday, Friday

HCA Mandy: Monday, Tuesday, Wednesday, Thursday

New F2 Doctors

Welcome to the practice to our new F2 doctors who will be based with us until August 2025

Doctor Davies

Doctor Pentz

Easter/May Bank Holiday Closures

The practice will be closed on the following days due to bank holidays.

Friday 18th April 2025

Monday 21st April 2025

Monday 5th May 2025

Monday 26th May 2025

Patient Participation Group (PPG)

We are looking for patients to become involved in our PPG group. If you are interested, please contact the surgery for more information.

DNA Appointments

Don't need it? Cancel it! In the past three months we had a total of **289** missed doctor & nurse appointments:

January: **104** Missed Appointments

February: **82** Missed Appointments

March: **103** Missed Appointments

COVID Spring Booster

People aged 75 years and over, those in care homes, and those aged 6 months and over with a weakened immune system are being offered a spring dose of COVID-19 vaccine between April-June 2025.

If you are eligible, please call 119 or visit the National Booking System website to book your appointment.

Armed Forces Veteran Friendly Accredited GP Practice

If you have served in the UK Armed Forces, please let the surgery know to help ensure you are getting the best possible care.

Booking Appointments

The surgery no longer has a drop-in clinic for appointments. Appointments are booked on the day by calling the surgery on 0151 733 5703 from 08:00 AM. Our doors open at 08:30.

Facebook: Greenbank Drive Surgery

Website: <https://www.greenbankdrivesurgery.nhs.uk/>



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STRESS AWARENESS MONTH - APRIL

April is stress awareness month.

We all have times when we feel low, anxious or overwhelmed. But little things, like talking to a friend or taking a moment to breathe, can really help us feel much better.

Visit the NHS site 'Every Mind Matters' to find simple and practical ways to ease anxiety, manage stress, lift your mood and sleep better though proven approaches like cognitive behavioural therapy (CBT)

If you need more support, you can get free talking therapies like cognitive behavioural therapy (CBT) on the NHS.

You can refer yourself directly to an NHS talking therapies service without a referral from a GP.

See a GP if:

- You're struggling to cope with stress
- Things you're trying yourself are not helping
- You would prefer to get a referral from a GP

BLADDER CANCER AWARENESS MONTH – MAY

May is bladder cancer awareness month.

Did you know that, in the UK, over 10,000 people are diagnosed with bladder cancer each year?

Symptoms:

- Blood in your urine
- A need to urinate on a more frequent basis
- Sudden urges to urinate
- A burning sensation when passing urine

If bladder cancer reaches an advanced stage and has spread, symptoms can include:

- Pelvic pain
- Bone pain
- Unintentional weight loss
- Swelling of the legs

You should contact a GP if you have any of these symptoms and they persist.

Cervical Screening Awareness Week-June 2025

Cervical screening checks the health of your cervix and helps find any abnormal changes before they can turn into cancer. It is important to regularly attend your cervical screening as finding high risk HPV early means you can be monitored for abnormal cell changes.

Abnormal changes can be treated so they do not get a chance to turn into cervical cancer.

If you are aged 25-65 or 65+ with a recent abnormal test result, contact the surgery to book an appointment with our practice Nurse.

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